

# LT LANKAN TUCKER AT HOME

**MEALS FOR YOUR CONVENIENCE**

**EASY TO EAT MEALS FOR YOU TO STOCK UP, FRIDGE OR FREEZE**

**ORDER  
NO.**

## **SINGLE MEALS**

<b>1</b>	<b>LENTIL CURRY RICE</b>	<b>10</b>
<b>2</b>	<b>COCONUT VEG CURRY STRINGHOPPERS</b>	<b>10</b>
<b>3</b>	<b>COCONUT VEG CURRY ROTI</b>	<b>10</b>
<b>4</b>	<b>PUMPKIN CURRY WHITE RICE</b>	<b>10</b>
<b>5</b>	<b>CHICKEN CURRY EGGPLANT RELISH, SPICE RICE</b>	<b>14</b>
<b>6</b>	<b>CHICKEN CURRY COCONUT SAMBOL, RICE</b>	<b>15</b>
<b>7</b>	<b>CHICKEN CURRY LENTIL, RICE</b>	<b>15</b>
<b>8</b>	<b>CHICKEN CURRY LENTIL, STRINGHOPPERS</b>	<b>15</b>
<b>9</b>	<b>CHICKEN CURRY LENTIL, ROTI</b>	<b>15</b>
<b>10</b>	<b>LENTIL PANCAKE COCONUT VEG CURRY, COCONUT SAMBOL</b>	<b>15</b>

## **INDIVIDUAL CURRIES**

<b>11</b>	<b>OKRA CURRY</b>	<b>11</b>
<b>12</b>	<b>PUMPKIN CURRY</b>	<b>11</b>
<b>13</b>	<b>GREEN BEAN &amp; TOMATO CURRY</b>	<b>11</b>
<b>14</b>	<b>COCONUT VEG CURRY</b>	<b>11</b>
<b>15</b>	<b>LENTIL CURRY</b>	<b>11</b>
<b>16</b>	<b>POTATO FRY</b>	<b>11</b>
<b>17</b>	<b>BEEF CURRY</b>	<b>12</b>
<b>18</b>	<b>CHICKEN CURRY</b>	<b>12</b>
<b>19</b>	<b>FISH CURRY</b>	<b>14</b>

## **EXTRAS**

<b>PAN ROLL (BEEF / VEG) - FRIED OR FROZEN</b>	<b>6 EACH</b>
<b>ROTI BREAD</b>	<b>5 EACH</b>
<b>LENTIL PANCAKE</b>	<b>5 EACH</b>
<b>STRINGHOPPERS (4 PCS)</b>	<b>4</b>
<b>EGGPLANT RELISH</b>	<b>10</b>
<b>COCONUT SAMBOL</b>	<b>8</b>
<b>PAPPADUMS (2 PCS)</b>	<b>2</b>
<b>COCONUT GRAVY</b>	<b>5</b>

## **CONDIMENTS / ACCOMPANIMENTS**

SOLD BY THE JAR TO STOCK YOUR PANTRY

<b>PAPA'S HOT SAUCE</b>	<b>12</b>
<b>APRICOT CHUTNEY</b>	<b>15</b>
<b>CHILLI OIL</b>	<b>20</b>

**ORDER AND COOKING INSTRUCTIONS ON REVERSE**



# LANKAN TUCKER AT HOME

## COOKING INSTRUCTIONS

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HEAT IN MICROWAVE:



**1 1/2 - 2 MINS\***

- TESTED USING 1200 WATT MICROWAVE AND GIVEN AS GUIDE ONLY  
\*THAW OUT IF YOU NEED TO

ONCE COOKED, CONSUME IMMEDIATELY AND DO NOT RE-FREEZE  
**CAUTION:** CONTENT WILL BE HOT

## STORAGE INSTRUCTIONS

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**STORE 4°C OR LOWER**

**FREEZEABLE** SAVE FOR LATER

## ORDER INSTRUCTIONS

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**VIA PHONE: (03) 9386 8248**

CALL US TO PLACE AN ORDER OR COME IN AND PICK UP DURING  
OUR TRADING HOURS.

USE ORDER NUMBERS FOR A QUICK AND EASY EXPERIENCE

**#LTSDOPE**  
**@LANKANTUCKER**



**(03) 9386 8248**

**WWW.LANKANTUCKER.COM**

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